gaerid
Gesellschaft für ästhetische und rekonstruktive Intimchirurgie Deutschland e.V.
www.gaerid.de
14TH
ANNUAL CONFERENCE
NOVEMBER 20 - 21, 2026
IN COLOGNE / GERMANY

Welcome to GAERID 2026

With expert-led masterclasses, live insights from the operating theatre, internationally renowned faculty, innovative session formats, and direct professional exchange, our aim is to offer more than a conventional congress experience.

We look forward to two inspiring days of scientific exchange, surgical expertise, and professional dialogue in Cologne.

Dr. Pirkko Schuppan &
Dr. Timo A. Spanholtz
Presidents of the 14th GAERID Congress

Key Facts

- November 20 - 21, 2026
- Cologne
- International Faculty
- Masterclasses
- Surgical Spotlights on Tape
- Innovation Challenge
- Live AR Experiences
- Hands-on Training
- Networking Event

WHY YOU SHOULD NOT MISS GAERID 2026

1

Intimate Surgery Masterclasses
Where expertise meets surgical practice. Exclusive, hands-on learning in the operating room in small groups. Direct exchange with leading experts.

2

SURGICAL SPOTLIGHTS ON TAPE
Surgical video presentations with live commentary by international experts.

3

THE CASE THAT CHANGED MY PRACTICE
An honest look at complications and the most important lessons learned.

4

INNOVATION CHALLENGE
Where industry meets science.

5

INTERNATIONAL FACULTY
Experts from Germany, across Europe, and beyond.

6

NETWORKING REDEFINED
Interactive industry exhibition and modern networking programme.

Congress Venue

The industry exhibition will be open throughout the day on November 20 and 21, 2026 at the Steigenberger Hotel in Cologne.

Steigenberger Hotel
Habsburgerring 9-13
50674 Cologne
Germany

Faculty

Dr. Gunther Arco

Reham Awwad

Dr. Fernando Aznar

Dr. Younes Benfdil

Dr. Philipp Braun

Dr. Dasha Berek

Dr. Massimiliano Brambilla

Prof. Dr. Julie Cornish

Dr. Cennet Dalmis

Dr. Susanne Deichstetter

Dr. Johanna Fischer-Gödde

Dr. Nicoletta Fountaris

Sarah El Bakri

Dr. Elena Fasola

Dr. Till Fischborn

Dr. Alexander T. Hamers

Faculty

Ines Hartmann

Dr. Cornelius Hörner

Paulina Ioannidou BSc. MSc. PhD (c)

Prof. Dr. Rafael Jakubietz

Dr. Martin Janssen

Dr. Sonja Kästner

Dr. Refaat Karim

Dr. Christine Knobloch

Dr. Yvonne Krug

Dr. Stefan Langer

Dr. Anna Lukyanova

Dr. Michaela Montanari

Dr. Christian Niedworok

Dr. Marwan Nuwayhid

Prof. Dr. Doaa Saleh

Dr. Brigitte Sayour

Prof. Dr. Jennifer Schiefer

Dr. Till Scholz

Dr. Pirkko Schuppan

Dr. Timo A. Spanholtz

Dr. Roland Resch

Dr. Annika Waldhauser

Prof. Dr. Philip Zeplin

Hands-on-Masterclasses
Friday, November 20, 2026

Limited to **5 participants** per course.

Secure your seat NOW!

- Hands-on surgical training
- Expert guidance & personalized feedback
- Small-group learning (max. 4–5 participants; one Sherpa Ticket available)
- Live demonstrations & live surgery
- Interactive discussions
- Peer-to-peer exchange
- Greater surgical precision & safety
- Innovative techniques & latest scientific insights

Thursday afternoon, November 19, 2026

MASTERCLASS 1
BBL

Dr. Alexander Hamers

MASTERCLASS 2
Reconstruction of the Vaginal Introitus in Hidradenitis Suppurativa (Acne Inversa)

Dr. Massimiliano Brambilla & Dr. Alexander Hamers

MASTERCLASS 3
Gluteal Contouring with Body Filler

Dr. Alexander Hamers

MASTERCLASS 4
Revision Mastopexy with GalaFLEX

Dr. Philipp Braun & Dr. Pirkko Schuppan

MASTERCLASS 5
Secondary Labiaplasty: Revision and Reconstruction Using 3D Techniques

Dr. Pirkko Schuppan & Dr. Christine Knobloch

MASTERCLASS 6
Sunekos & Inticare: Innovative Amino Acid-Based Treatment for Menopausal Vulvovaginal Symptoms, Lichen Sclerosus, and Facial Skin Changes

Dr. Christine Knobloch & Dr. Elena Fasola

MASTERCLASS 7
Intimate Bleaching

Dr. Doaa Saleh & Dr. Sonja Kästner

MASTERCLASS 8
Volume-Preserving or Reduction Mastopexy Using the Central Pedicle Technique

Prof. Dr. Jennifer Schiefer & Dr. Sonja Kästner

MASTERCLASS 9
Labia Majora Augmentation with Dermal Filler

Dr. Timo Spanholtz

MASTERCLASS 10
Labia Minora Reduction

Dr. Annika Waldhauser

MASTERCLASS 11
Labia Minora Reduction & Clitoral Hood Reduction

Dr. Anna Lukyanova

MASTERCLASS 12
Minimally Invasive Vaginal Tightening with Sectum

Dr. Anna Lukyanova

MASTERCLASS LOCATIONS:

Masterclasses 1, 2, 3:

Dr. Alexander T. Hamers Aesthetics
Aachener Str. 577
50226 Frechen
Phone: +49 221 - 25992436

Masterclasses 4, 5, 6:
FAEM plastische Chirugie & Ästehtik by Dr. Pirkko Schuppan
Alter Markt 28-32
50667 Cologne
Phone: +49 221 - 25 778 38

Mastercklasses 7, 8:
JugendLiebe | Plastische Chirurgie Cologne
Dürener Str. 291
50935 Cologne
Phone: +49 221 - 66962450

Masterclasses 9, 10:
Praxisklinik am Rosengarten - Plastische & Ästhetische Chirurgie
Krebsgasse 8
50667 Cologne
Phone: +49 2202 - 240524

Masterclasses 11, 12:
NATURL. by Dr. Anna Lukyanova
Graf-Adolf Straße 20
40212 Düsseldorf
Phone: +49 211 - 17420927

GAERID General Assembly
Friday, November 20, 2026 17:30–18:30

18:00 - 19:30
“AI” Aperitif & Innovation Quest - Networking Event in the industry exhibition area

from 19:30
“Intimate Meeting” – Meet · Walk · Eat · Talk

*Programme subject to change.

Laser Safety Course in accordance with TROS 2018 / BGV B2

PREREQUISITES FOR THE LASER SAFETY OFFICER CERTIFICATE:

Friday, November 20, 08:00 – 14:30

8 CME-CREDITS

THESE COURSES ARE OFFERED ONLY IN GERMAN.

Participation in the laser safety course and successful completion of the examination. To facilitate the operation of laser devices and enhance safety during laser treatments, we are organizing a training course for Laser Safety Officers for the first time as part of the GAERID Annual Meeting. Our laser safety course covers the physical principles of lasers, laser safety, and the practical application of lasers used in medicine. The course—including the examination—meets the requirements of the regulation „Technical Rules for the Occupational Health and Safety Ordinance on Artificial Optical Radiation“ (TROS 2018 Laser Radiation).

08.00 - 08.30	Physikalische Größen und Eigenschaften der Laserstrahlung
08.30 - 09.00	Biologische Wirkung von Laserstrahlung
09.00 - 09.30	Expositionsgrenzwerte und Laserklassen
09.30 - 10.30	Lasersicherheit & -schutz inklusive indirekte Gefährdungen (Laserklassen, Grenzwerte, Gefährdungen)
10.30 - 11.15	Rechtliche Grundlagen und Regeln der Technik
11.15 - 11.25	KURZE PAUSE
11.25 - 12.55	Aufgaben und Verantwortung des Laserschutzbeauftragten im Betrieb
12.55 - 13.30	Laserschutzmaßnahmen
13.30 -14.00	Praxis der Lasersicherheit: Gefährdungsbeurteilung
14.00 - 14.30	ABSCHLUSS: Lernzielkontrolle

LASER EXPERTISE REFRESHER COURSE / NISV ONLINE COURSE

For Medical Specialists (Dermatology and Plastic Surgery) In Accordance with the Recommendations of the German Medical Association (BÄK) for NISV §5

Extra-Angebot NUR für GAERID Teilnehmer:

Special offer exclusively for GAERID participants: Register for GAERID 2026 and the NiSV course for €445 (instead of €595) and automatically receive a link to the e-learning tool. This is a purely e-learning-based tool that can be accessed at your convenience between July 1 and November 30, 2026.

ONLINE COURSE ONLY

11 CME-CREDITS

1. **Rechtsgrundlagen,** Qualitätssicherung, Foto-, Befund- und Therapiedokumentation, Zertifizierung & Patientensicherheit

2 A. **Epilation** entsprechend Hauttypen, Haarzyklus, Geschlecht und speziellen klinischen Besonderheiten mit verschiedenen Lasern, sowie IPL und Home Devices

2 B. Therapien zur **Hautverjüngung**: Laser-/Lichtsysteme geringer Energie, die im Bereich des Wasserabsorptionsspektrums emittieren oder wie bei der photo-dynamischen Therapie im Bereich des sichtbaren Lichtes, ohne die Hautbarriere zu verletzen

3. Therapie **pigmentierter und nicht pigmentierter Haut**, Melasma, Hyperpigmentierungen sowie Pigmentstimulation mittels 308-nm-Excimer-Laser oder-Systeme

4. Therapie **vaskulärer Hautveränderungen**, wie lokalisierte oberflächliche Gefäßerweiterungen in verschiedenen Körperregionen und diffuse flächige Gefäßerweiterungen in verschiedenen Körperregionen (Rosazea, Erytheme)

5. Therapie des **Fettgewebes/Body Contouring** (z.B. RF, Ultraschall, Laserlipolyse, Kryolipolyse, Stoßwellentherapie des Bindegewebes, sowie Magnetfeldstimulation der Muskulatur)

6. Koagulative und **ablative Laserverfahren**, exzisionale oder flächig ablative Therapie benigner Neoplasien der Haut, ablative (fraktionale) Therapie (z.B. der intrinsischen und extrinsischen Hautalterung)

7. **Fraktionale Laser** für Narben, Skin Rejuvenation und Konzept der fraktional ablativen Laser für LADD bei Onychomykose, Narben, Nagelpsoriasis und anderen Hautveränderungen

8. **LADD** sowie lokal destruierende Laser zur Therapie von aktinischen Keratosen und Basalzellkarzinom (Einsatzoptionen im Rahmen der Leitlinien und Abgrenzung zu Off-Label-Use)

***Hinweise:** Die Anerkennung liegt seitens der ÄK Niedersachsen vor!

The New GAERID 2026 Concept

Intimate surgery at the highest professional level — scientifically grounded, clinically relevant, and driven by expert exchange.

Intimate surgery is a dynamic and increasingly specialized field. Advances in surgical techniques, evolving patient expectations, functional and aesthetic considerations, and rising standards in safety, patient information, and outcome quality make continuous professional dialogue essential.

GAERID 2026 brings these perspectives together: current scientific knowledge, surgical expertise, practical experience, and open discussion of clinical challenges.
The focus extends beyond what is technically possible. At the heart of the congress is the question of which treatment is appropriate for each individual patient — and how optimal outcomes can be achieved safely, responsibly, and with the highest level of clinical judgment.

LEARN
What Defines the State of the Art Today

Which procedures are established standards? Which new techniques are shaping the future? How do indications, surgical approaches, and postoperative care differ?

Our State of the Art Sessions deliver a focused update on the latest developments in intimate surgery. Leading experts cover the essentials of anatomy and function, patient selection, indications, surgical strategy, and both established and emerging techniques.

The focus is clear: evidence, experience, and responsible clinical decision-making — all directly relevant to everyday practice.

WATCH
Surgical Techniques in Detail

In intimate surgery, subtle technical variations can have a significant impact on functional outcomes, aesthetic results, and patient satisfaction.

Surgical Spotlights on Tape provide a detailed view of selected operative procedures. Experienced surgeons demonstrate their techniques step by step, identify relevant anatomical landmarks, and explain key aspects of surgical planning and intraoperative decision-making.

Incision design. Tissue preservation. Anatomical orientation. Complication avoidance. Functional and aesthetic outcome optimization.

A focused, procedure-based learning format with direct relevance to surgical practice.

EXPERIENCE
Advance Your Surgical Skills

Surgical proficiency is developed not only through observation and discussion, but through structured practical training.

In our Masterclasses and Hands-on Training Sessions, you can explore selected aspects of intimate surgery in greater depth. Small-group formats provide the opportunity to review operative techniques, discuss specific clinical questions with experienced colleagues, and refine practical surgical skills.

Direct interaction also allows for detailed discussion of topics that are often difficult to address in conventional lecture formats — from technical aspects of surgery to perioperative management.

CONNECT
Exchange with Colleagues, Experts, and Industry

Progress in intimate surgery is driven by clinical experience, innovation, and interdisciplinary exchange.

Our Networking Event creates space for personal dialogue beyond the scientific programme. Share clinical experience with colleagues, discuss different treatment concepts, and connect with specialists facing similar challenges in daily practice.

The Industry Experience also offers the opportunity to explore current products, technologies, and innovative solutions — and to critically discuss their potential role in clinical practice.

DISCUSS
Learn from Complex Cases & Complications

Not every patient presents with a standard indication, and not every surgical course follows the textbook. This is precisely why open discussion is one of the most valuable elements of a medical congress.

In our case-based discussions and complication sessions, real clinical scenarios are analysed together: complex indications, challenging anatomy, revision surgery, unexpected intraoperative or postoperative courses, and surgical complications.

Which decision would you make? What alternatives should be considered? What can be learned from a complicated course to improve future treatment strategies?

The aim is not to showcase perfect outcomes, but to foster an open, collegial exchange on how clinical decision-making, surgical technique, and patient care can be continuously improved.

A congress for those who want to advance the field of intimate surgery.

Whether you already have extensive surgical experience or are looking to expand your scope of practice in intimate surgery, GAERID 2026 offers the opportunity to deepen your knowledge, experience operative techniques at close range, gain practical insights, and engage directly with experts in the field.

Progress emerges where scientific evidence, surgical experience, and open professional dialogue come together.

Join us and help to shape the future of intimate surgery.

Arrive.
Connect.
Recharge.

Before the scientific programme begins at 13:20, join us for a relaxed lunch buffet from 12:00.

Enjoy good food, meet colleagues, exchange ideas, and ease into the congress atmosphere — before the first session gets underway.

Scientific Programme

*Programme subject to change.

Friday, November 20, 2026

13.00 - 19.30

Knowledge sharing remains at the heart of the Saturday scientific programme. Internationally recognised faculty will present current developments in intimate surgery from a wide range of specialties, fostering interdisciplinary exchange between dermatologists, plastic surgeons, gynaecologists and urologists.

Chairs:
Dr. Pirkko Schuppan & Dr. Timo A. Spanholtz

Welcome & Opening Ceremony
DR. PIRKKO SCHUPPAN & DR. TIMO A. SPANHOLTZ

13.20 - 14.20 Intimate Medicine Frontiers

Session Chairs: **DR. NUWAYHID, DR. SPANHOLTZ & DR. KARIM**

13.20 - 13.30	Surgical Treatment of Lichen Sclerosus	**DR. MASSIMILIANO BRAMBILLA**
13.30 - 13.40	Vaginismus Treatment (Intimate health and wellness protocoll)	**PROF. DR. DOAA SALEH**
13.40 - 13.50	Inticare for Lichen Sclerosus	**DR. ELENA FASOLA**
13.50 - 14.00	Botulinum Toxin for the Clitoris (ClitTox)	**DR. FERNANDO AZNAR**
14.00 - 14.10	The Amalis Medical Approach to Vaginismus Treatment	**SARAH EL BAKRI**
14.10 - 14.20	Q&A	

14.20 - 15.20 Innovation Break & Challenge

Discover innovative products and technologies, connect with our industry partners, and gather valuable information and practical insights as part of the **GAERID Innovation Challenge**.

Participants who successfully complete all stations will be entered into the daily prize draw.

Discover. Connect. Learn. Win.

15.20 - 16.30 Gender Affirmation & Body Contouring

Session Chairs: **DR. HAMERS & DR. HÖRNER**

15.20 - 15.30	Vaginoplasty in Transgender Surgery	**PROF. DR. STEFAN LANGER**
15.30 - 15.40	Beyond Surgery: Postoperative Dilation and Dilator Use After Gender-Affirming Vaginoplasty	**DR. NICOLETTE FOUNTARIS**
15.40 - 15.50	Body-Contouring	**DR. ALEXANDER HAMERS**
15.50 - 16.00	Gender Identity Disorders / Gender Dysphoria / Gender Incongruence	**DR. BRIGITTE SAYOUR**
16.00 - 16.10	Mastering Chest Contouring: Transgender and Non-Binary Perspectives	**DR. YVONNE KRUG**
16.10 - 16.20	Gender-Affirming Hormone Therapy: Perspectives from General Practice	**DR. CORNELIUS HÖRNER**
16.20 - 16.30	Q&A	

16.30 - 17.30 Beyond the Scalpel

Session Chairs: **DR. SPANHOLTZ & DR. SCHUPPAN**

16.30 - 17.00	Surgical Outcomes from the 13th GAERID Annual Meeting 2025	**DR. TIMO SPANHOLTZ, DR. TILL SCHOLZ, DR. PIRKKO SCHUPPAN**
17.00 - 17.30	**Bridging the Gap: The Everywoman Festival Between Medicine, Prevention, and Public Awareness**	**PROF. DR. JULIE CORNISH**

17.30 - 18.30 **General Assembly**

17.30 - 18.30 **Workshop - TBA**

18.00 - 19.30 **AI „Aperitif & Innovation Quest“ – Networking Event**

19.30 **Dinner „Intim Meeting“ - Meet-Walk-Eat-Talk**

*Programme subject to change.

Scientific Programme

*Programme subject to change.

Saturday, November 21, 2026

08.00 - 17.30

08.00 - 09.25 Longevity & Future Practice Breakfast Club
(Healthy Aging, Artificial Intelligence & Innovation in Clinical Practice)

Session Chairs: **DR. ARCO & DR. LOJ**

08.00 - 08.15	AI in Aesthetic Medicine: Streamlining Clinical Processes and Improving Cost Efficiency	**DR. GUNTHER ARCO**
08.15 - 08.25	Consent Is Not Enough: Why Modern Patient Education Goes Beyond Informed Consent	**DR. BEATA LOJ**
08.25 - 08.35	When Treatment Goes Wrong: Key Considerations from the Perspective of a Medical Expert Witness	**DR. TILL FISCHBORN**
08.35 - 08.45	Why Strength Training Supports More Than Pelvic Floor Health: Its Role in Healthy Aging and Longevity	**PAULINA IOANNIDOU, MSC.**
08.55 - 09.05	Longevity: A Multimodal Approach	**DR. CENNET DALMIS**
09.05 - 09.15	Intimate Longevity: Redefining Healthy Aging in Women	**PROF. DR. DOAA SALEH**
09.15 - 09.25	Q&A	

09.25 - 11.35 ♀ The Future of Female Intimate Surgery

Session Chairs: **PROF. DR. ZEPLIN & DR. LUKYANOVA**

09.25 - 09.50	Vulvar Hypotrophy: Fat Grafting or Biostimulators?	**DR. MARWAN NUWAYHID** - KEY NOTE LECTURE
09.50 - 10.00	Beyond Routine: Selected Complex and Unusual Cases in Intimate Surgery	**PROF. DR. PHILIP ZEPLIN**
10.00 - 10.10	3D Technique	**DR. SUSANNE DEICHSTETTER**
10.10 - 10.20	Guideline-Based Management of Lichen Sclerosus in Women and Girls	**DR. JOHANNA FISCHER-GÖDDE**
10.20 - 10.35	Regenerative Tissue Modulation in Intimate Aesthetic Medicine: A Clinical Treatment Approach Based on NAHYCO® Hybrid Technology	**DR. MICHAELA MONTANARI**
10.35 - 10.45	Sculptra	**DR. DASHA BEREK**
10.45 - 10.55	Ozempic Vulva - Fact or Fiction?	**DR. ANNA LUKYANOVA**
10.55 - 11.10	Erbium vs. CO_2 Laser in Gynecology: Selecting the Appropriate Technology for Modern Practice	**INES HARTMANN**
11.10 - 11.25	Stress Urinary Incontinence in Female Athletes	**PAULINA IOANNIDOU, MSC.**
11.25 - 11.35	Q&A	

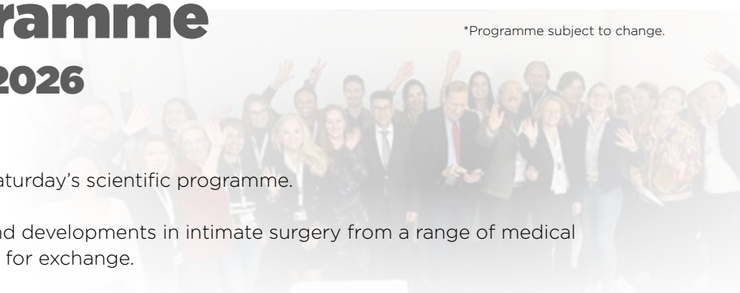
Innovation Challenge Winner – Friday

Scientific Programme

*Programme subject to change.

Saturday, November 21, 2026

08.00 - 17.30



Learning from each other is also at the heart of Saturday's scientific programme.

Renowned speakers will present current trends and developments in intimate surgery from a range of medical specialties, creating a truly interdisciplinary forum for exchange.

Dermatologists, plastic surgeons, gynecologists, and urologists will share their perspectives, clinical experience, and expertise — fostering meaningful dialogue across disciplines.

11.35 - 11.55 Innovation Break & Challenge

11.55 - 12.35 ♂ Modern Male Intimate Surgery

Session Chairs: **DR. HAMERS & DR. SPANHOLTZ**

11.55 - 12.05	Trends in Online Search Behavior and Motivations for Men Seeking Intimate Surgery	**DR. ROLAND RESCH**
12.05 - 12.15	Penis Enlargement and Thickening	**DR. MARTIN JANSSEN**
12.15 - 12.25	Surgical Correction of Peyronie's Disease and Penile Curvature	**DR. CHRISTIAN NIEDWOROK**
12.25 - 12.35	Q&A	

12.35 - 13.25 FGM • Trauma • Complex Reconstruction

Session Chairs: **PROF. DR. SALEH, DR. BRAMBILLA & DR. NUWAYHID**

12.35 - 12.45	Our Experience in Vaginoplasty associated with Fat Grafting (Tips and Tricks)	**DR. YOUNES BENFDIL**
12.45 - 12.55	Complex Soft-Tissue Defects of the Perineum and Lower Abdomen	**DR. RAFAEL JAKUBIETZ**
12.55 - 13.05	Clitoral Reduction in Andro-Genital Syndrome	**DR. REFAAT KARIM**
13.05 - 13.15	Breast Augmentation 2027: A Brand New Implant and an Innovative Way to Stabilize the Result?	**DR. TIMO SPANHOLTZ**
13.15 - 13.25	Q&A	

13.25 - 14.25 Lunch & Innovation Challenge

Scientific Programme

*Programme subject to change.

Saturday, November 21, 2026

08.00 - 17.30

14.25 - 15.05 Live Decision Battles

No Filter: International experts openly share the surgical complications, reconstructive challenges after FGM, and difficult cases taht changed their practice forever. Honest lessons, critical decisions and practical take-home messages from the moments that taught us the most

Session Chairs: **DR. SPANHOLTZ, DR. SCHUPPAN & DR. ARENS**

14.25 - 14.45	GalaFLEX Mesh with a Caudal Pedicle vs. Mastopexy Without Mesh Using a Central Pedicle **DR. SONJA KÄSTNER & DR. PHILIPP BRAUN**
14.45 - 15.05	Fillers vs. Implants vs. Fat Grafting **DR. ALEXANDER HAMERS, DR. DASHA BEREK & DR. TIMO SPANHOLTZ**

15.05 - 15.50 The Case That Changed My Practice

Session Chairs: **FRAU AWWAD, DR KARIM, DR. HAMERS & DR. SCHUPPAN**

15.05 - 15.35	My Most Challenging Complication **DR. MARWAN NUWAYHID, DR. REFAAT KARIM, PROF, DR. DOAA SALEH, DR. PIRKKO SCHUPPAN, DR. TIMO SPANHOLTZ**
15.35 - 15.45	Complication Management after FGM **REHAM AWWAD**
15.45 - 15.50	Q&A

15.50 - 16.20 **Innovation Break & Challenge**

Scientific Programme

*Programme subject to change.

Saturday, November 21, 2026

08.00 - 17.30

16.20 - 17.20 Surgical Spotlights on Tape

Expert surgical videos with live commentary, practical tips and interactive discussion

Session Chairs: **DR. KÄSTNER & DR. SPANHOLTZ**

16.20 - 16.35	Revision Labiaplasty: Planning and Surgical Technique **DR. PIRKKO SCHUPPAN**
16.35 - 16.50	Combined Labiaplasty **DR. SONJA KÄSTNER**
16.50 - 17.05	TBA **DR. TIMO SPANHOLTZ**
17.05 - 17.20	Q&A
17.20 - 17.30	GAERID Excellence Award / Closing Remarks / Acknowledgements

Innovation Challenge Winner – Saturday

17.30 **End of the Congress**

GAERID E.V.

GAERID e.V. stands for scientific excellence, interdisciplinary exchange, and social responsibility. As a leading professional society in the field of aesthetic and reconstructive genital surgery, it brings together dedicated experts who continuously improve medical care and translate new scientific findings into clinical practice.

The focus of GAERID's work is science. The society promotes research, supports the development of evidence-based treatment concepts, and creates a platform for high-level professional exchange through congresses, workshops, research projects, and continuing education programs. Members benefit from a unique network of renowned specialists and gain access to the latest scientific developments, innovative surgical techniques, and practical expertise.

At the same time, GAERID assumes social responsibility. Its long-standing commitment regarding female genital mutilation (FGM) deserves particular mention. The society actively advocates for raising awareness, conducting scientific research, and providing medical care for affected women. Through training programs, research projects, and the promotion of reconstructive treatment options, it contributes to sustainably improving the quality of life for many patients. This commitment combines medical expertise with a clear dedication to human rights and women's health.

Membership in GAERID therefore means far more than simply belonging to a professional society. It means becoming part of a strong scientific community that fosters innovation, sets quality standards, and actively shapes the future of the field. It offers the opportunity for professional development, the chance to forge valuable connections, and the ability to work alongside colleagues to make a significant contribution to improving patient care.

Anyone wishing to help shape science, benefit from a top-tier network of experts, and simultaneously champion the health and dignity of women worldwide should become a member of GAERID. After all, progress emerges where knowledge, responsibility, and commitment come together.

Become a member

... of our professional society & enjoy all the benefits of membership.

Board of Directors

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Scientific Advisory Board

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Dr. Gerhard Sattler†

Prof. Dr. Dr. Philip H. Zeplin MHBA | Ludwigsburg

israit.
INTERNATIONAL SOCIETY OF RECONSTRUCTIVE AND AESTHETIC INTIMATE TREATMENT

THE ISRAIT

The ISRAIT society was founded in 2018 by an international group of doctors dealing with all aspects of intimate surgery. Intimate surgery is en vogue and the demand for treatment is increasing worldwide. It ranges from vaginal tightening and correction of the labia in women, to penile corrections and scrotum tightening in men.

The aim of ISRAIT is to develop guidelines for the best and safest intimate treatments worldwide and to contribute to the training and promotion of high-quality education. The annual conference is the perfect forum for this: Promoting international exchange between specialists in intimate-surgical interventions in various disciplines, providing information on the latest developments and presenting innovative treatment methods.

BOARD OF DIRECTORS – EXECUTIVE COMMITTEE (2018 – 2021)

President: Dr. Marwan Nuwayhid, Germany;
Vice President: Dr. Gustavo Leibaschoff, USA;
Treasurer: Dr. Nicolas Berreni, France;
Clerk: Dr. Evgeni Leschunov , Russia;
Secretary: Dr. Refaat B. Karim, Netherlands;
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Dr. T. Hamers, Spain

GAERID
Gesellschaft für ästhetische und rekonstruktive Intimchirurgie Deutschland e.V.
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